

Maine Department of Health and Human Services  
Division of Licensing & Certification  
Certified Nursing Assistant  
Certificate of Renewal

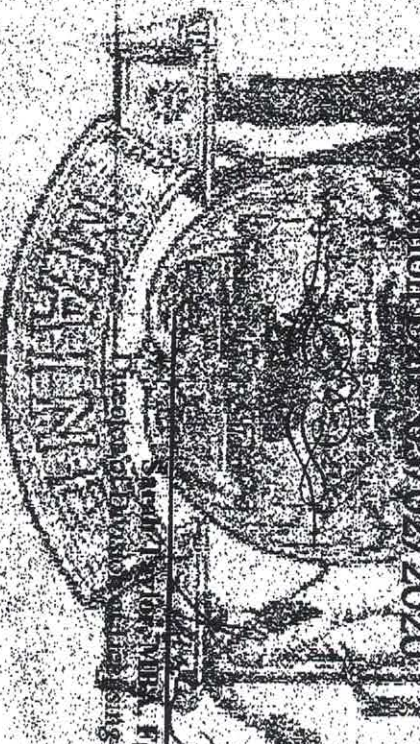
That

**Christina Toff**

CNA#0891

Has been placed on Active Status on the Maine CNA Registry

Expiration Date: 05/02/2020



Steph J. Van Veen, FACNPE  
Secretary, Division of Licensing and Certification

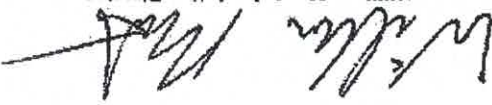
*[Signature]*

Secretary, Division of Licensing and Certification



**Dow, Diane M**  
CRMA Recert Instructor

**William Montejo, Acting Director**  
Division of Licensing and Certification



Effective 2/1/2020 through 2/1/2022  
Eight (8) hour Recertification for 40 Hour Course



**Christina M. Toti**

Certificate of Completion

Division of Licensing and Certification



9/1/19

DIABETIC TRAINING

Christina Toff

STAFF MEMBER

DATE OF TRAINING: July 1st every year without date

PRESENTED BY: Diane Dow, RN

Administrator

TRAINING CONTENT:

1. Dietary Requirements
  - a. Portion control
  - b. Limiting concentrated sweets
  - c. Awareness of carbohydrates
2. Anti-Diabetic Oral Medications
3. Insulin mixing, action, and storage
  - a. Refrigerator all insulin
  - b. Date all insulin when opened
  - c. Insulin must be discarded 30 days after opening, except Lantus which must be discarded after 28 days
  - d. When mixing insulin, clear insulin then cloudy insulin
  - e. Sliding scale insulin administration
  - f. Assure correct kind/type of insulin
4. Injection techniques and site rotation
  - a. Keeping lancet device clean
  - b. Remove lancet after use
  - c. Do not recap needles
5. Review of hypo and hyperglycemia, signs and symptoms and treatment, prevention
6. Foot care
7. Lab testing, urine testing, and blood glucose monitoring
8. Standard Precautions

Christina  
for 9/11/19

**Inhalers and Spacers**

Inhalers are medication prescribed by the resident's physician to open airways that may be blocked due to asthma, emphysema and many other lung diseases. Inhalers come in many different types and are used to dilate the airways, decrease the inflammation in the airway and also to prevent future episodes of airway constriction.

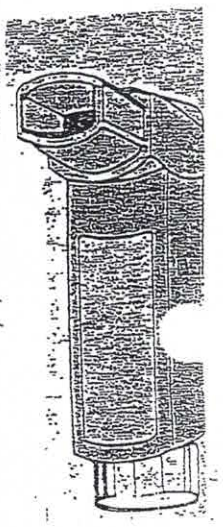
**How to use an inhaler:**

1. Shake the inhaler before each inhalation.
2. Remove the cap from the mouthpiece.
3. Hold the inhaler up to 2 inches away from your open mouth. Least preferably, use the closed-mouth method by placing the mouthpiece of the inhaler in the resident's mouth and closing lips tightly.

4. Instruct resident to breathe in deeply and slowly through their mouth while pressing firmly down on the canister. Resident will continue to inhale, then try to hold their breath 5-10 seconds before breathing out. Wait one minute between the next inhalation.
5. Clean inhaler thoroughly after each use by rinsing under warm, running water.

**Use of a spacer with the inhaler.**

Spacers are used so that the resident is able to receive the full dose of medication and to prevent yeast infections in the mouth when using a steroid inhaler. Attach the inhaler to the spacer and shake well. Press the canister releasing the medication into the chamber. Place the mouthpiece in resident's mouth and ask resident to inhale slowly. Instruct resident to hold breath a few seconds and then exhale. Wait one minute between inhalations.







Nebulizer Training:

- 1) How to assemble
- a) power source
- b) wash hands
- c) flat surface
- d) connect tubing
- e) assemble parts

Christina  
 1874  
 9/1/19

- 2) Medication
- a) follow all protocol
- b) regulations - follow all regulations
- c) unit dose vial - administer per doctor's order

- 3) Caring for the nebulizer
- a) taking nebulizer apart
- b) washing parts

- 4) Trouble shooting
- a) machine won't mist

- 5) Replacing Tubing, parts and pieces

Oxygen:

- 1) Different Modalities
- a) Concentrator
- b) Portable tanks
- c) Large nonmobile tank
- d) Cleaning all
- e) Replacing tubing, parts, and pieces, etc.

- 2) Hooking up and turning on
- 3) Following doctor's orders
- 4) Frequent safety checks
- 5) Planning ahead for oxygen needs
- 6) Knowing what to do in different situations

Christina  
184  
9/1/19

Christina Toft

Applicant Information

Personal  
 First Name: Christina  
 Middle Name:  
 Last Name: Christina  
 Name  
 Last Name: Christina  
 Title  
 Suffix:  
 State: ME  
 City: Hancock County  
 County:  
 Address:  
 80 Main St  
 Address 2:  
 Zip Code: 04834  
 City:  
 Franklin  
 County:  
 State: ME  
 Aliases):  
 Aliases):  
 Christina Toft  
 State ID or Driver's License #: 8690335  
 State issued:  
 ME  
 Date of Birth: 12/28/1979  
 Email:

Registry Checks

Professional License(s) and/or Certifications

INFO There is no professional license or certification number to verify.

Required Registries

Registry Name  
 Date Were there any adverse findings? Updated

Office of Inspector General  
 Last Name First Middle Name Name Name Name  
 State Exclusion Specialty Exclusion State  
 No  
 1/18/2018 1:28:52 PM

Access Office of Inspector General search

No  
 1/18/2018 1:30:19 PM

National Sex Offender Public Website

Maine CNA & DCW  
 Name Number Location Profession Status Expiration  
 No  
 1/18/2018 1:28:59 PM

Maine Excluded Providers

Last Name First Name MI Type Provider Status Case State Sanction Date of Birth  
 No results found  
 1/18/2018 1:29:04 PM

Maine Sex Offender  
 Registry Name  
 Date Were there any adverse findings? Updated  
 No results found  
 1/18/2018 1:29:08 PM



Decision: **Final Decision**  
 I intend to employ this applicant  
 Application Status: Hired  
 Employment Start Date: 1/18/2018  
 Decision Date: 1/18/2018  
 Status Date: 1/18/2018

Info! Currently there are no notes entered for this applicant.

Notes

Application ID: 0A1503A5  
 Facility Name: HANCOCK GOLDEN AGRES  
 Category: Any Other Direct Access Worker  
 Position:  
 Orderly / Attendant  
 Date Entered: 1/18/2018  
 Last Updated: 1/18/2018  
 Status: Hired

Criminal History  
 Letter: No Hit  
 Date Received: 01/18/2018

Status: No Disqualifying Offense