

Division of Licensing and Certification Certificate of Completion



Jacob A Young



Effective 1/23/2020 has successfully met the requirements for Personal Support Specialist Training (PSS) (2019 Curriculum Revision)



Dow, Diane M PSS Training 2019 Instructor

William Montejo, Acting Director Division of Licensing and Certification



Division of Licensing and Certification Certificate of Completion



Jacob A Young



Effective 7/24/2019 through 7/24/2021 Certified Residential Medication Aide Course 40-Hour course



<u>Dow, Diane M</u> CRMA Training Instructor

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Sarah Taylor, Director
Division of Licensing and Certification

Jacob Young -7.24-19

DIABETIC TRAINING

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DATE OF TRAINING:

July 1st every year withall stafe

PRESENTED BY:

Diane Dow, RN

TRAINING CONTENT:

- 1. Dietary Requirements
 - a. Portion control
 - b. Limiting concentrated sweets
 - c. Awareness of carbohydrates
- 2. Anti-Disbetic Oral Medications
- 3. Insulin mixing, action, and storage
 - Refrigerator all insulin
 - b. Date all insulin when opened
 - Insulin must be discarded 30 days after opening, except Lambs which must be discarded after 28 days
 - d. When mixing insulin, clear insulin then cloudy insulin
 - e. Sliding scale insulto administration
 - f. Assure correct kind/type of insulin
- Injection techniques and site rotation
 - e. Keeping laucet device clean
 - b. Remove lancet after use
 - c. Do not recap needles
- 5. Review of hypo and hyperglycamia, signs and symptoms and treatment, prevention
- 6. Foot care
- Lab testing, trise testing, and blood glubose menturing
- Simulate Precautions



inhalers and Spacers

Inhalers are medication prescribed by the resident's physician to open airways that may be blocked due to asthma, emphysema and many other lung diseases.

Inhalers come in many different types and are used to dilate the airways, decrease the inflammation in the airway and also to prevent future episodes of airway constriction.

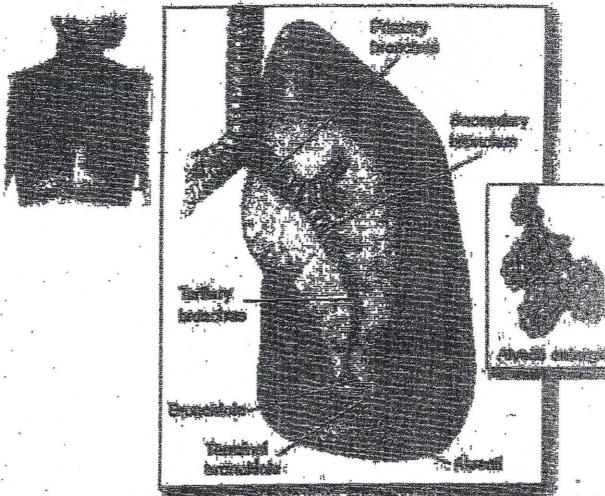
How to use an inhaler:

- 1. Shake the inhaler before each inhalation.
- 2. Remove the cap from the mouthpiece.
- 3. Hold the inhaler up to 2 inches away from your open mouth. Least preferably, use the closed-mouth method by placing the mouthpiece of the inhaler in the resident's mouth and closing lips tightly.
- 4. Instruct resident to breathe in deeply and slowly through their mouth while pressing firmly down on the canister. Resident will continue to inhale, then try to hold their breath 5-10 seconds before breathing out. Wait one minute between the next inhalation.
- 5. Clean inhaler thoroughly after each use by rinsing under warm, running water.

Use of a spacer with the inhaler.

spacers are used so that the resident is able to receive the full dose of medication and to prevent yeast infections in the mouth when using a steroid inhaler. Attach the inhaler to the spacer and shake well. Press the canister releasing the medication into the chamber. Place the mouthpiece in resident's mouth and ask resident to inhale slowly. Instruct resident to hold breath a few seconds and then exhale. Wait one minute between inhalations.

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Jacob 2,24-19

Nebulizer Training:

- 1) How to assemble
- a) power source
- b) wash hands
- c) flat surface
- d) connect tubing
- e) assemble parts
- 2) Medication
- a) follow all protocol
- b) regulations- follow all regulations
- c) unit dose vial-administer per doctor's order
- 3) Caring for the nebulizer
- a) taking nebulizer apart
- b) washing parts
- 4)Trouble shooting
- a) machine won't mist
- 5) Replacing Tubing, parts and pieces

Oxygen:

- 1) Different Modalities
- a) Concentrator
- b) Portable tanks
- c) Large nonmobile tank
- d) Cleaning all
- e) Replacing tubing, parts, and pieces, etc.

Jacob Johns -

- 2) Hooking up and turning on
- 3) Following doctor's orders
- 4) Frequent safety checks
- Planning ahead for oxygen needs
- 6) Knowing what to do in different situations

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