



Division of Licensing and Certification
Certificate of Completion

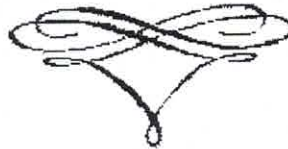


Kristen N Snow



Effective 1/23/2020

has successfully met the requirements for
Personal Support Specialist Training (PSS)
(2019 Curriculum Revision)



Dow, Diane M
PSS Training 2019
Instructor

William Montejo, Acting Director
Division of Licensing and Certification

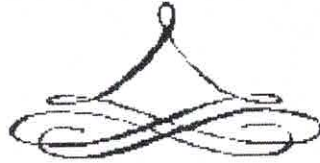


Division of Licensing and Certification

Certificate of Completion



Kristen N Snow



Effective 1/13/2020 through 1/13/2022
Certified Residential Medication Aide Course
40-Hour course



Dow, Diane M
CRMA Training
Instructor

William Montejo
William Montejo, Acting Director
Division of Licensing and Certification

Kristen
Snow

1-11-20

DIABETIC TRAINING

~~STAFF MEMBER:~~

DATE OF TRAINING:

July 1st every year with all staff

PRESENTED BY:

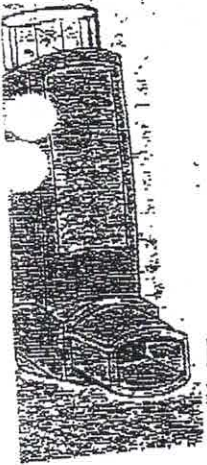
Diane Dow, RN
Administrator

TRAINING CONTENT:

1. Dietary Requirements
 - a. Portion control
 - b. Limiting concentrated sweets
 - c. Awareness of carbohydrates
2. Anti-Diabetic Oral Medications
3. Insulin mixing, action, and storage
 - a. Refrigerator all insulin
 - b. Date all insulin when opened
 - c. Insulin must be discarded 30 days after opening, except Lantus which must be discarded after 28 days
 - d. When mixing insulin, clear insulin then cloudy insulin
 - e. Sliding scale insulin administration
 - f. Assure correct kind/type of insulin
4. Injection techniques and site rotation
 - a. Keeping lancet device clean
 - b. Remove lancet after use
 - c. Do not recap needles
5. Review of hypo and hyperglycemia, signs and symptoms and treatment, prevention
6. Foot care
7. Lab testing, urine testing, and blood glucose monitoring
8. Standard Precautions

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Inhalers and Spacers



Inhalers are medication prescribed by the resident's physician to open airways that may be blocked due to asthma, emphysema and many other lung diseases.

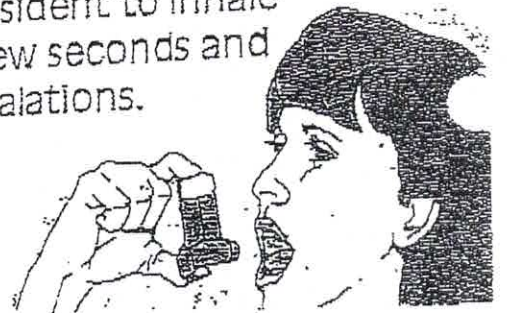
Inhalers come in many different types and are used to dilate the airways, decrease the inflammation in the airway and also to prevent future episodes of airway constriction.

How to use an inhaler:

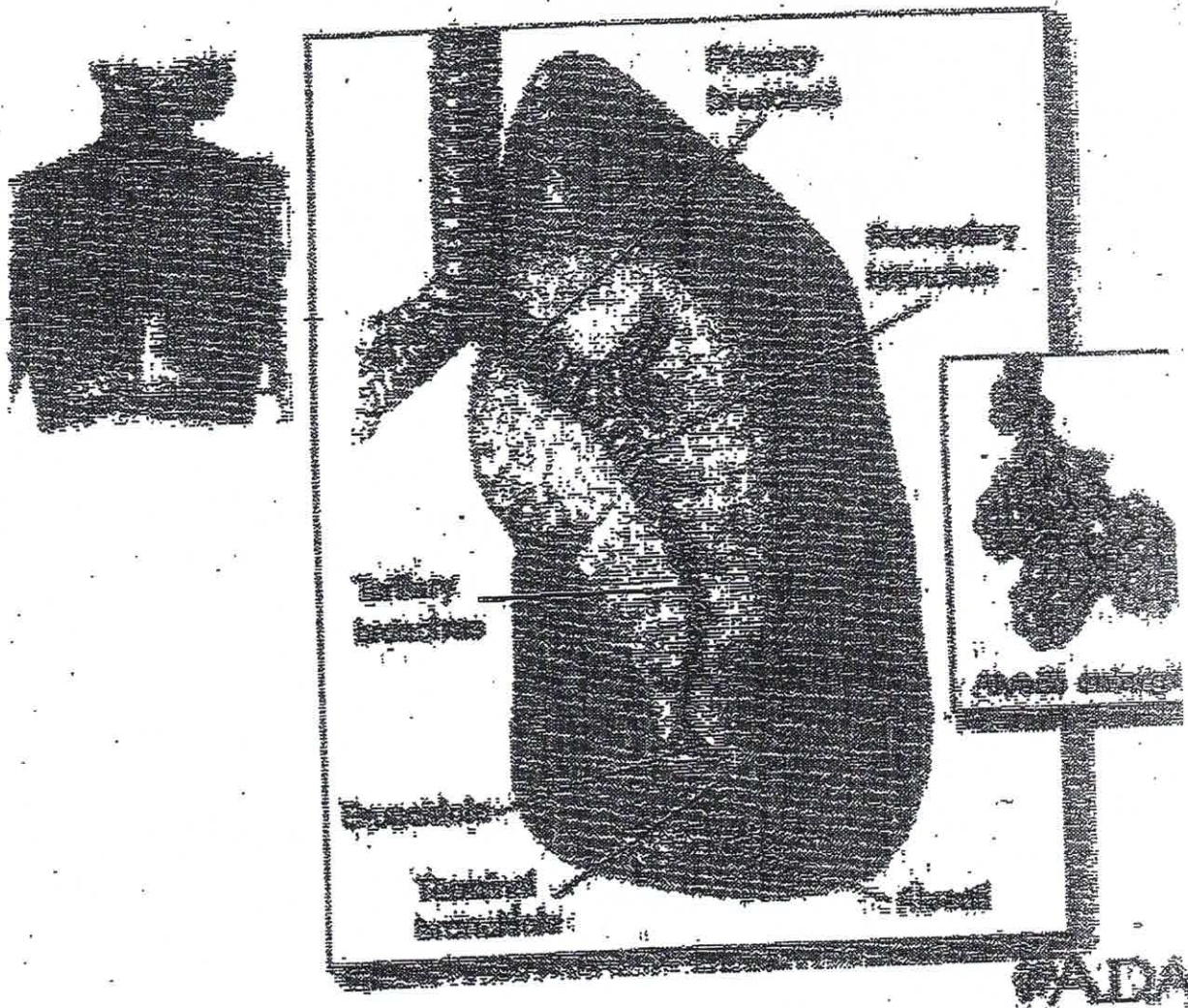
1. Shake the inhaler before each inhalation.
2. Remove the cap from the mouthpiece.
3. Hold the inhaler up to 2 inches away from your open mouth. Least preferably, use the closed-mouth method by placing the mouthpiece of the inhaler in the resident's mouth and closing lips tightly.
4. Instruct resident to breathe in deeply and slowly through their mouth while pressing firmly down on the canister. Resident will continue to inhale, then try to hold their breath 5-10 seconds before breathing out. Wait one minute between the next inhalation.
5. Clean inhaler thoroughly after each use by rinsing under warm, running water.

Use of a spacer with the inhaler.

Spacers are used so that the resident is able to receive the full dose of medication and to prevent yeast infections in the mouth when using a steroid inhaler. Attach the inhaler to the spacer and shake well. Press the canister releasing the medication into the chamber. Place the mouthpiece in resident's mouth and ask resident to inhale slowly. Instruct resident to hold breath a few seconds and then exhale. Wait one minute between inhalations.



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Nebulizer Training:

1) How to assemble

- a) power source
- b) wash hands
- c) flat surface
- d) connect tubing
- e) assemble parts

2) Medication

- a) follow all protocol
- b) regulations- follow all regulations
- c) unit dose vial-administer per doctor's order

3) Caring for the nebulizer

- a) taking nebulizer apart
- b) washing parts

4) Trouble shooting

- a) machine won't mist

5) Replacing Tubing, parts and pieces

Oxygen:

1) Different Modalities

- a) Concentrator
- b) Portable tanks
- c) Large nonmobile tank
- d) Cleaning all
- e) Replacing tubing, parts, and pieces, etc.

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- 2) Hooking up and turning on
- 3) Following doctor's orders
- 4) Frequent safety checks
- 5) Planning ahead for oxygen needs
- 6) Knowing what to do in different situations

RECEIVED 01/17/2020 11:58AM 12075361096

Kristen Snow

SUCCESS Your decision has been saved.

Applicant Information

Personal

First Name: _____
 Middle Name: _____
 Last Name: _____
 Street: _____
 Suite: _____
 Phone: _____
 (DP) 244-8888
 Applicant ID: _____
 Submitter: _____
 State ID or Driver's License #: _____
 SSN: _____
 State Issued: _____
 MI: _____
 Date of Birth: _____
 Gender: _____

Address

Address:
 20 Subwood Court
 Address 2:
 Zip Code:
 06860
 City:
 Harroket
 County:
 Harroket County
 State:
 ME
 Alias(es)
 No aliases added

Registry Checks

Professional Licensels and/or Certifications

INFO
There is NO professional license or certification number to verify.

| Registry Name | Where there any previous findings? | Date Updated |
|-----------------------|------------------------------------|-----------------------|
| Multiple Sex Offender | No | 1/17/2020 11:54:53 AM |
| No results found | | |

Page 1 of 1

Required Registries

| Registry Name | Where there any previous findings? | Date Updated |
|---|------------------------------------|-----------------------|
| Office of Inspector General <small>Log Name: First Name, Middle Name, Last Name, Initials, Suffix, Title</small> <small>None</small> | No | 1/17/2020 11:54:47 AM |
| Access Office of Inspector General Search | No | 1/17/2020 11:54:48 AM |
| National Sex Offender Public Website <small>Source: OIA & DCW</small> | No | 1/17/2020 11:54:49 AM |
| Maine Excluded Provider <small>List: First Name, Last Name, MI, Provider Type, Date of Birth, Date Registered, Date of Expiration</small> <small>None</small> | No | 1/17/2020 11:54:51 AM |

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Access Maine Excluded Provider Manual Search

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Criminal History

| Case | Date Received | Status |
|-------|---------------|--------------------------|
| No HR | 01/17/2020 | No Disqualifying Offense |

Application Information

Application ID: 9774286

Facility Name: METROPOLITAN INDUSTRIES (GOLDEN AGENCY)

Category: CNA and Direct Care Registry

Position: Certified Nurse Assistant (CNA) with

Date Entered: 01/17/2020

Last Updated: 01/17/2020

Status: Open

Final Decision

Decision: Final

Application Status: Final

Employment Start Date: 01/17/2020

Decision Date: 01/17/2020

Status Date: 01/17/2020

Notes

1. Currently there are no notes entered for this applicant.