



Division of Licensing and Certification

Certificate of Completion



Mason S Bridges



Effective 1/13/2020 through 1/13/2022
Certified Residential Medication Aide Course
40-Hour course



Dow, Diane M
CRMA Training
Instructor

William Montejo
William Montejo, Acting Director
Division of Licensing and Certification

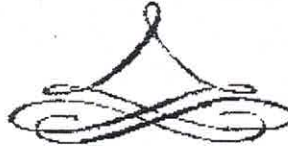


Division of Licensing and Certification

Certificate of Completion

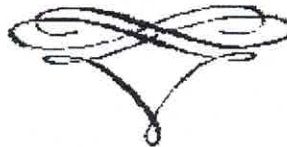


Mason S Bridges



Effective 1/23/2020

has successfully met the requirements for
Personal Support Specialist Training (PSS)
(2019 Curriculum Revision)



Dow, Diane M
PSS Training 2019
Instructor

William Montajo, Acting Director
Division of Licensing and Certification

Mason Bridges

DIABETIC TRAINING

1-11-20

~~STAFF MEMBER:~~

DATE OF TRAINING:

July 1st every year with all staff

PRESENTED BY:

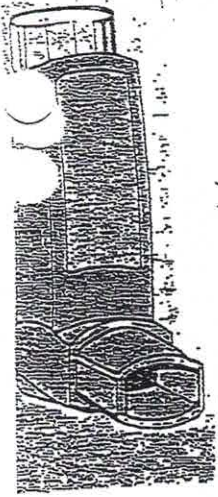
Diane Dow, RN
Administrator

TRAINING CONTENT:

1. Dietary Requirements
 - a. Portion control
 - b. Limiting concentrated sweets
 - c. Awareness of carbohydrates
2. Anti-Diabetic Oral Medications
3. Insulin mixing, action, and storage
 - a. Refrigerator all insulin
 - b. Date all insulin when opened
 - c. Insulin must be discarded 30 days after opening, except Lantus which must be discarded after 28 days
 - d. When mixing insulin, clear insulin then cloudy insulin
 - e. Sliding scale insulin administration
 - f. Assure correct kind/type of insulin
4. Injection techniques and site rotation
 - a. Keeping lancet device clean
 - b. Remove lancet after use
 - c. Do not recap needles
5. Review of hypo and hyperglycemia, signs and symptoms and treatment, prevention
6. Foot care
7. Lab testing, urine testing, and blood glucose monitoring
8. Standard Precautions

Inhalers and Spacers

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Inhalers are medication prescribed by the resident's physician to open airways that may be blocked due to asthma, emphysema and many other lung diseases.

Inhalers come in many different types and are used to dilate the airways, decrease the inflammation in the airway and also to prevent future episodes of airway constriction.

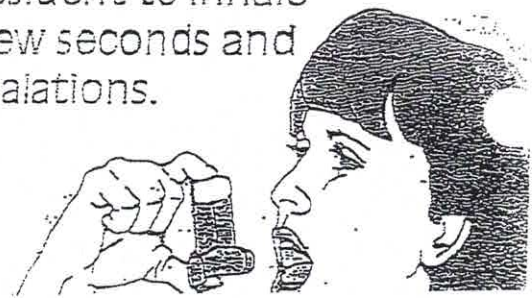
How to use an inhaler:

1. Shake the inhaler before each inhalation.
2. Remove the cap from the mouthpiece.
3. Hold the inhaler up to 2 inches away from your open mouth. Least preferably, use the closed-mouth method by placing the mouthpiece of the inhaler in the resident's mouth and closing lips tightly.

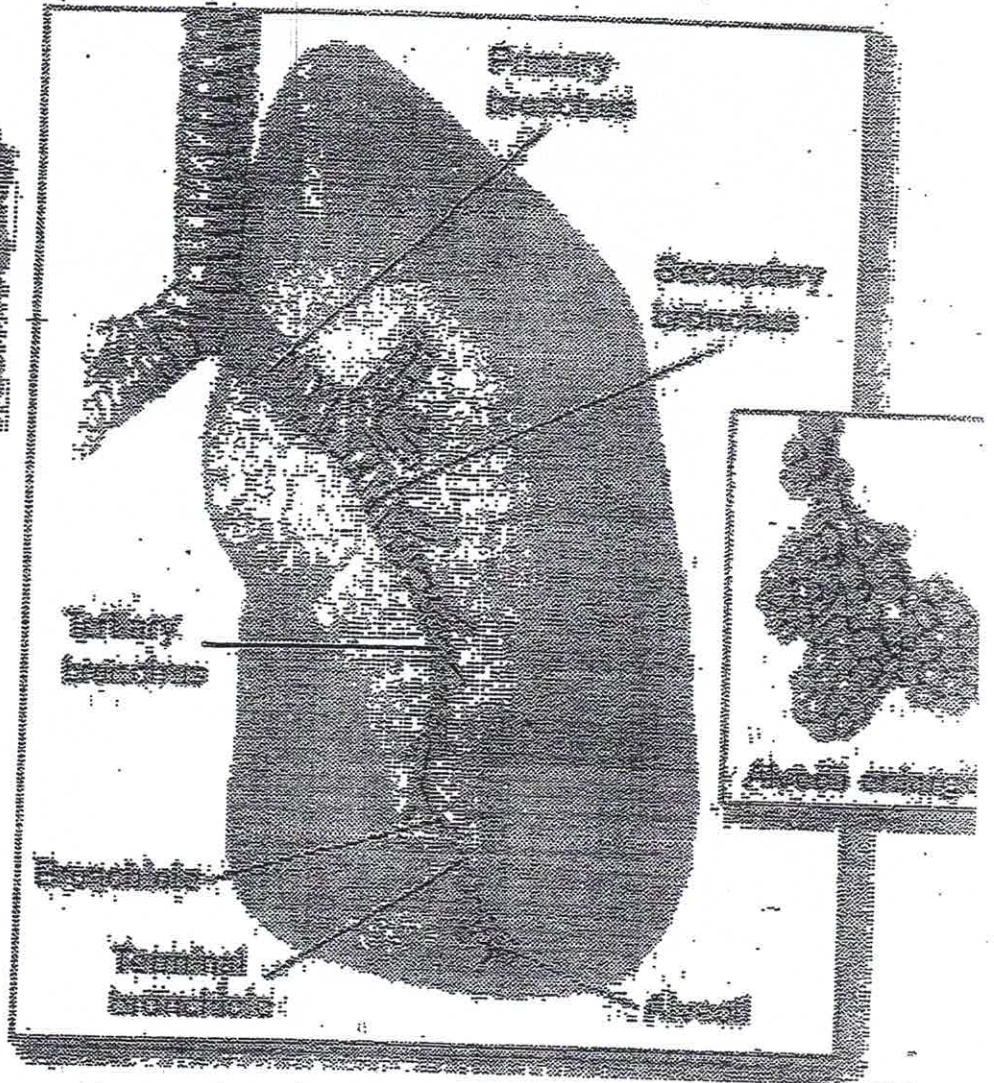
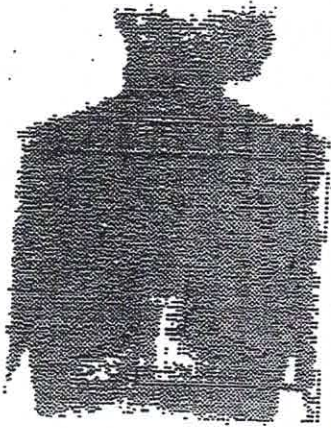
4. Instruct resident to breathe in deeply and slowly through their mouth while pressing firmly down on the canister. Resident will continue to inhale, then try to hold their breath 5-10 seconds before breathing out. Wait one minute between the next inhalation.
5. Clean inhaler thoroughly after each use by rinsing under warm, running water.

Use of a spacer with the inhaler.

Spacers are used so that the resident is able to receive the full dose of medication and to prevent yeast infections in the mouth when using a steroid inhaler. Attach the inhaler to the spacer and shake well. Press the canister releasing the medication into the chamber. Place the mouthpiece in resident's mouth and ask resident to inhale slowly. Instruct resident to hold breath a few seconds and then exhale. Wait one minute between inhalations.



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WADA

Nebulizer Training:

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1) How to assemble

- a) power source
- b) wash hands
- c) flat surface
- d) connect tubing
- e) assemble parts

2) Medication

- a) follow all protocol
- b) regulations- follow all regulations
- c) unit dose vial-administer per doctor's order

3) Caring for the nebulizer

- a) taking nebulizer apart
- b) washing parts

4) Trouble shooting

- a) machine won't mist

5) Replacing Tubing, parts and pieces

Oxygen:

1) Different Modalities

- a) Concentrator
- b) Portable tanks
- c) Large nonmobile tank
- d) Cleaning all
- e) Replacing tubing, parts, and pieces, etc.

- 2) Hooking up and turning on
- 3) Following doctor's orders
- 4) Frequent safety checks
- 5) Planning ahead for oxygen needs
- 6) Knowing what to do in different situations

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1-11-20

01/15/2020 08:40AM 12075361096

RECEIVED 01/15/2020 07:32AM 12075361096

Mason Bridges

Remember your address has been saved.

Applicant Information

Personal

First Name:

Last Name:

Address:

City:

State:

Zip:

Phone:

Work:

Home:

Mobile:

State ID or Drivers License #:

SSN:

DOB:

ME:

Date of Birth:

01/15/1997

Address

Address:

Address 2:

Zip Code:

City:

State:

County:

County:

State:

ME:

Address:

No address added

Registry Checks

Professional License(s) and/or Certification(s)

INFO There is no professional license or certification number to verify.

Registry Name	When there are adverse findings	Date Updated
Maine Sex Offender		
Status: Last Name: First Name: Middle Name: Date of Birth: Type of Offense: Employment Type:	no	1/15/2020 7:26:17 AM
no results found		
Page 3 of 6		

Required Registers

Register Name	When there are adverse findings	Date Updated
Maine Sex Offender		
Last Name: First Name: Middle Name: Date of Birth: Status: License Type:	no	1/15/2020 7:26:09 AM
no results found		
Page 3 of 6		

Access Office of Insurance General Admin

Register Name	When there are adverse findings	Date Updated
National Sex Offender Public Website	no	1/15/2020 7:26:11 AM

Access ME Sex Offender Public Website

Register Name	When there are adverse findings	Date Updated
Maine Sex Offender	no	1/15/2020 7:26:08 AM

Access Maine Sex Offender Public Website

Register Name	When there are adverse findings	Date Updated
Maine Sex Offender	no	1/15/2020 7:26:15 AM

Access Maine Sex Offender Public Website

01/15/2020 08:40AM 12075361096

RECEIVED 01/15/2020 07:32AM 12075361096

Criminal History

Case No	Date Received	Case No	Offense
12075361096	01/15/2020	12075361096	No Offense/Offense

Application Information

Application ID: 12075361096

Facility Name: STAVELIN - GOLDEN ACRES

Charge(s): 12075361096

Position: 12075361096

Current Release/Release Date: 12075361096

Date Entered: 12075361096

Last Updated: 12075361096

Created By: 12075361096

Modified By: 12075361096

Final Decision

Decision: 12075361096

Applied to: 12075361096

Applicable Status: 12075361096

Effective Start Date: 12075361096

Decision Date: 12075361096

Review Date: 12075361096

Notes

1. No notes exist for this applicant.