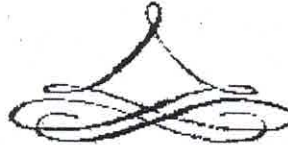




Division of Licensing and Certification
Certificate of Completion



Scott C Okusko



Effective 1/23/2020

has successfully met the requirements for
Personal Support Specialist Training (PSS)
(2019 Curriculum Revision)



Dow, Diane M
PSS Training 2019
Instructor

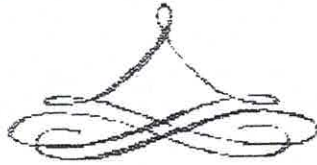
William Montejo, Acting Director
Division of Licensing and Certification



Division of Licensing and Certification
Certificate of Completion



Scott C Okusko



Effective 1/13/2020 through 1/13/2022
Certified Residential Medication Aide Course
40-Hour course



Dow, Diane M
CRMA Training
Instructor

William Montejo
William Montejo, Acting Director
Division of Licensing and Certification

Scott Okusko

DIABETIC TRAINING

1-11-20

~~STAFF MEMBER:~~

DATE OF TRAINING:

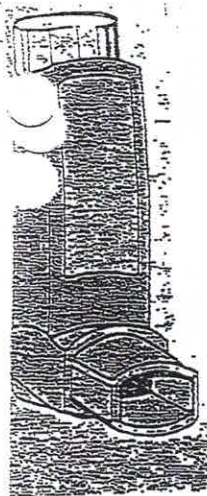
July 1st every year with all staff

PRESENTED BY:

Diane Dow, RN
Administrator

TRAINING CONTENT:

1. Dietary Requirements
 - a. Portion control
 - b. Limiting concentrated sweets
 - c. Awareness of carbohydrates
2. Anti-Diabetic Oral Medications
3. Insulin mixing, action, and storage
 - a. Refrigerator all insulin
 - b. Date all insulin when opened
 - c. Insulin must be discarded 30 days after opening, except Lantus which must be discarded after 28 days
 - d. When mixing insulin, clear insulin then cloudy insulin
 - e. Sliding scale insulin administration
 - f. Assure correct kind/type of insulin
4. Injection techniques and site rotation
 - a. Keeping lancet device clean
 - b. Remove lancet after use
 - c. Do not recap needles
5. Review of hypo and hyperglycemia, signs and symptoms and treatment, prevention
6. Foot care
7. Lab testing, urine testing, and blood glucose monitoring
8. Standard Precautions



Scott Okusko

Inhalers and Spacers

1-11-20

Inhalers are medication prescribed by the resident's physician to open airways that may be blocked due to asthma, emphysema and many other lung diseases.

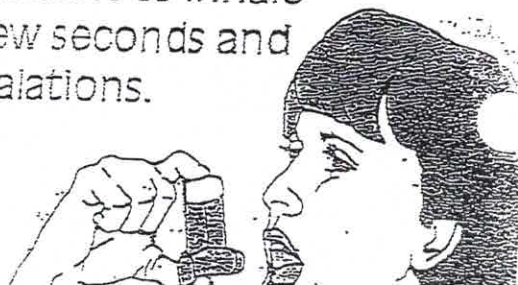
Inhalers come in many different types and are used to dilate the airways, decrease the inflammation in the airway and also to prevent future episodes of airway constriction.

How to use an inhaler:

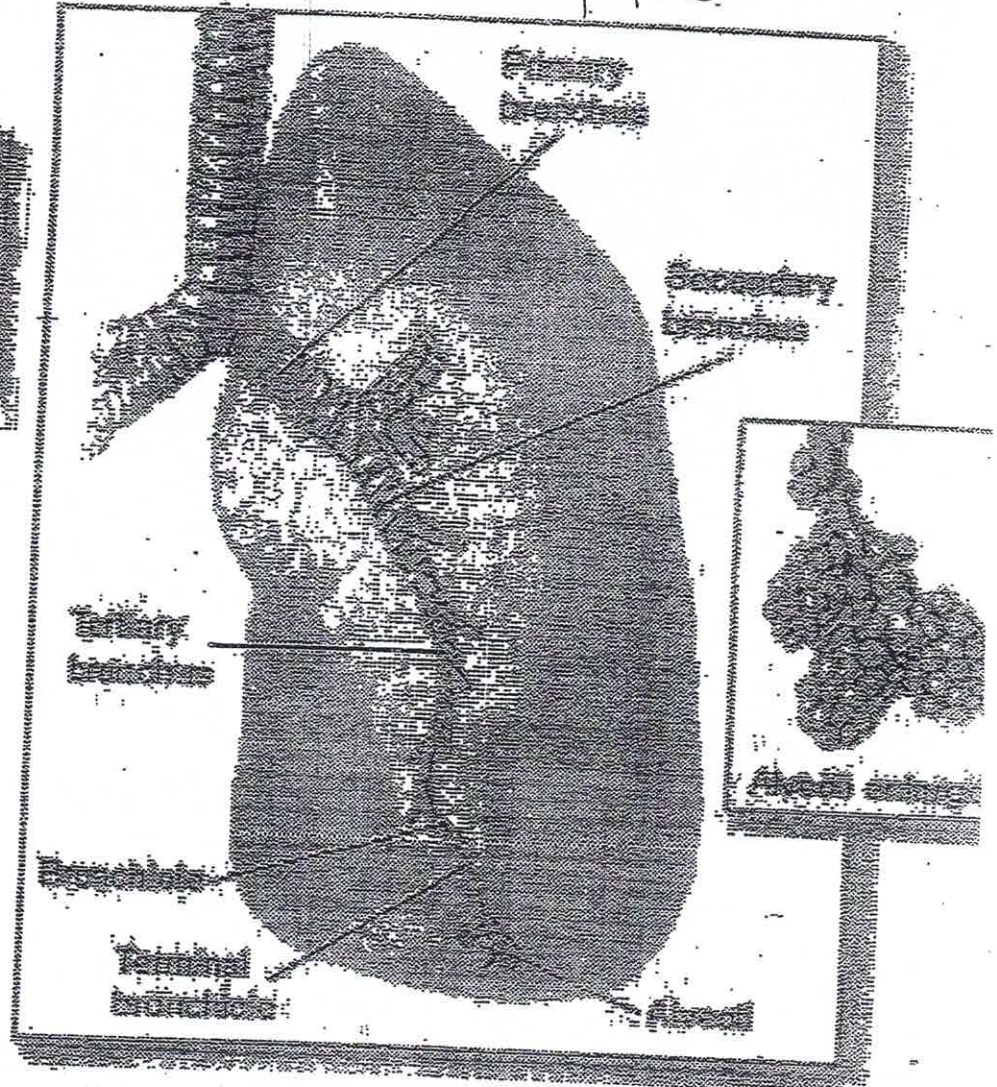
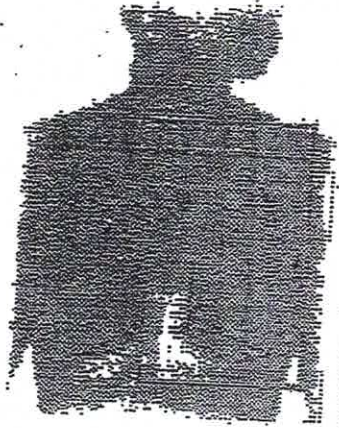
1. Shake the Inhaler before each inhalation.
2. Remove the cap from the mouthpiece.
3. Hold the inhaler up to 2 inches away from your open mouth. Least preferably, use the closed-mouth method by placing the mouthpiece of the inhaler in the resident's mouth and closing lips tightly.
4. Instruct resident to breathe in deeply and slowly through their mouth while pressing firmly down on the canister. Resident will continue to inhale, then try to hold their breath 5-10 seconds before breathing out. Wait one minute between the next inhalation.
5. Clean inhaler thoroughly after each use by rinsing under warm, running water.

Use of a spacer with the inhaler.

Spacers are used so that the resident is able to receive the full dose of medication and to prevent yeast infections in the mouth when using a steroid inhaler. Attach the inhaler to the spacer and shake well. Press the canister releasing the medication into the chamber. Place the mouthpiece in resident's mouth and ask resident to inhale slowly. Instruct resident to hold breath a few seconds and then exhale. Wait one minute between inhalations.



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1-11-20



PADA

Nebulizer Training:

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1-11-20

1) How to assemble

- a) power source
- b) wash hands
- c) flat surface
- d) connect tubing
- e) assemble parts

2) Medication

- a) follow all protocol
- b) regulations- follow all regulations
- c) unit dose vial-administer per doctor's order

3) Caring for the nebulizer

- a) taking nebulizer apart
- b) washing parts

4) Trouble shooting

- a) machine won't mist

5) Replacing Tubing, parts and pieces

Oxygen:

1) Different Modalities

- a) Concentrator
- b) Portable tanks
- c) Large nonmobile tank
- d) Cleaning all
- e) Replacing tubing, parts, and pieces, etc.

2) Hooking up and turning on

3) Following doctor's orders

4) Frequent safety checks

5) Planning ahead for oxygen needs

6) Knowing what to do in different situations

SCOTT OKUSKO

1-11-20

Scott Okusko

First Name: []
 Last Name: []
 Middle Name: []
 Address: []
 City: []
 State: []
 Zip Code: []
 Phone: (207) 522-2220
 Applicant ID: 2982662715
 Email: []

Address 2: []
 Zip Code: []
 City: []
 State: []
 Country: []
 Address(es): []
 No address added

Registry Checks

Professional License(s) and/or Certification(s)
 DWP
 There is no professional license or certification number to verify.

Required Registries

Registry Name	Were there any adverse findings?	Date Update
Office of Inspector General	No	1/1/21 9:33:1 PM
National Sex Offender Public Website	No	1/1/21 9:33:1 PM
Maine QMA & DOW	No	1/1/21 9:33:1 PM

Registry Name

Maine Excluded Providers

LAST Name	FIRST Name	MI	Provider Type	Case Status	State Reaction Start Date	Date of Birth
No results found						

Page 1 of 1

Access Maine Excluded Provider Manual Search

Maine Sex Offender

Photo	LAST Name	FIRST Name	Middle Name	Date of Birth	Term of Domestic	Registration Type
NO RESULTS FOUND						

Page 1 of 1

Criminal History		
Letter	Date Received	Status
No HR	01/02/2020	No Disqualifying Offense

Application Information
Application ID:
SP2563
Facility Name:
Substance Abuse
Category:
One 900 Contact Care Program
Position:
Optimal Residential Recommendation Rate
Date Entered:
01/02/20
Last Updated:
01/02/20
Block:
Filter:

Final Decision
Decision:
I agree to employ and accept
Application Status:
Open
Employment Start Date:
1/20/20
Decision Date:
1/20/20
Filter Date:
1/20/20